

Bath time is a fun and necessary part of daily life for a young child!
Help minimize bathroom burn risks and make bathing more enjoyable.



## What you need to know

Hot water scalds may happen when children have access to tubs, sinks and faucets without supervision. Contact burns with hot items and electric burns near outlets and appliances can happen in a split second. Practice these easy-to-follow burn prevention tips for peace of mind in the bathroom!

## Prevent bath time scalds and burns!

- Keep your bathroom doors closed and secure with knob covers or hook-and-eye locks, placed at the top of the outer door.
- Set your hot water heater for 120 degrees to help prevent instant scalds.
- When filling the tub, run cold water first, then add hot water, as needed, and stir.
- Always test bath temperature with your hand or a bath thermometer before putting your child in the water.
- Face your child away from tub faucets to prevent hot water or hot faucet burns.
- Keep appliances like curling and clothing irons and their cords out of your child's reach at all times, especially when heating and cooling.
- Do not use home fragrance methods that require electricity.
- Keep chemical cleaners out of reach in a locked cabinet.
- Consider installing anti-scald devices, which automatically turn off the water if it reaches 120 degrees, on all faucets and showerheads.
- Small children should never run baths or showers for themselves or their young siblings.
- Remove obstacles that may allow your child to become locked in the bathroom.

And never leave your young child alone in the tub or bathroom, not even for a second!



visit www.childburn.org for more burn prevention tips email burnprevention@childburn.org for a free bath thermometer